

Learning from the implementation of a clinical pathway to identify and manage anxiety and depression for patients with cancer - what we knew then, what we know now!

11:30am – 1:30 pm

Wednesday 1 December (AEDT)

[Register here.](#)

Presentations from the ADAPT Program a PoCoG translational research program, and moderated discussion of the realities of implementation in cancer care.

Session Run Times

11:30-11:40 Acknowledgement of Country and introduction **Dr Heather Shepherd and A/Prof Joanne Shaw**

11:40-12:15 Introducing the ADAPT CP, engaging services, staff and preparing to implement new processes **Dr Heather Shepherd, Sharon He**

This first section will focus on the pre-implementation and engagement effort with services to tailor the ADAPT CP to individual service workflows, staffing capacity and the integration of the CP into routine care.

Understanding the perspectives of staff engaging in this process at the beginning and how they see it fitting into their roles and service provides valuable insights into the potential for successful implementation.

12:15-12:45 Online resources to support patients and health professionals - how well used or useful are they? **A/Professor Joanne Shaw, Marnie Harris**

This section will look at the role of online resources to support implementation in upskilling health professionals and in providing an alternative option to face to face psychological care. Implementation models and barrier and facilitator research advocate training for staff when changes are introduced, yet uptake of this training in busy clinical environments is fraught with challenges of its own. The experience in the ADAPT Program Cluster RCT illustrates the reality of this.

While online HP training is one thing, online therapy options were also under the spotlight in the ADAPT Program. The (un)successful uptake of online therapy by cancer services, despite its

success in the research environment will be discussed, looking at the data from 12 services involved in the program, The views of health professionals in incorporating online interventions into cancer service models of care will also be described.

12:45-1:15 How did the implementation play and pay out for staff and services? **Professor Phyllis Butow (TBC), Dr Mona Faris, Jackie Yim (TBC)**

The last section will focus on how staff viewed the ADAPT CP as the 12 month implementation continued, what concerns were raised by staff, what tweaks made along the way and how services sought to address the challenges of implementing changes to their care processes. An overview of the costs of the ADAPT CP implementation in practice will provide insights into its value.

1:00-1:30 Facilitated discussion - what we knew then, what we know now, what we recommend.

[Register here.](#)

A zoom webinar link will be distributed to all registrants in advance of the meeting.