

Coming up for air - Clinician self-care during COVID 19 and beyond

4:00-5:00pm
Friday 3 December

[Register here](#)

We know how tough 2021 has been - whether you work in research, clinically or both.

As 2021 comes to an end, we thought it would be good to take pause and reflect on our COVID-19 experience, what we have learnt from this experience and where we are going as we emerge from the pandemic.

To do this, we are running an interactive panel discussion with international guest A/Professor Maria Die Trill who will discuss her experiences in Spain and, local guest, Dr Jemma Gilchrist who will discuss the Australian experience.

Our guests will be joined by PoCoG Chair, Professor Brian Kelly, and COSA Psycho-oncology Chair, Dr Laura Kirsten as we consider post-pandemic: where to from here?

To make it easier for clinicians to attend this session we have scheduled it to run in the early evening from 4-5pm on Friday 3 December.

Please join us online for a time of reflection and inspiration as we wrap up the year and, if you can, feel free to join us online with a beverage of your preference.

This session is part of the PoCoG 2021 Scientific Meeting and is free to attend. [Register here](#)

[You can also view the entire program and register for other events here.](#)